

Author : Religion sense when you practise it

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KUALA LUMPUR: Religion is a matter that should be put into concrete practice in order to discover the truth, says well-known author on world religions, Dr Karen Armstrong; She said people should not stop with just having thoughts of the religion they professed but must put them

into practice. "Religion makes sense when you practise it," she told an audience of about 1,500 at a public lecture on the "Role of Religion in the 21st Century" here yesterday, The lecture was part of the two-day International Conference on Islam and the West:

Bridging the Gap, organised by the Institute of Diplomacy and Foreign Relations Malaysia, which ended yesterday. ; British-born Armstrong, a former nun, has written on Islam, Christianity, Buddhism and Judaism. Some of her books, however, have been banned in Malaysia.

Armstrong said despite the changes and challenges the world was undergoing today or would be in future, religion would not disappear. "Each tradition has challenges... and, of course, religions have to adapt to changing times." She also said it was impor-

tant for young people to be taught the traditions of others so that they would not harbour any ill feeling or hatred towards others. "Violence that is happening today should not be solved with violence but is an opportunity for a revolution of spiritual awakening."—
Bernama